



SOCIAL FUTSAL RULES

1. Game Format:

- a) 12 minute halves/2 minute half-time break.
- b) 5 players a side. For mixed futsal, each team must have 1 girl on the court at all times.
- c) No time outs.

2. Court Layout:

- a) The field of play is outlined by the red lines on the court.
- b) The red semi-circle is the goal keeper's area. They can only pick up the ball in this area.

3. Rules notably different to outdoor football:

- a) Keeper cannot throw the ball over shoulder height.
- b) No throw ins when the ball is out of bounds. The ball must be placed on the sideline (or within the keeper's semi-circle) with a hand and then kicked into play. Players cannot score directly from these out of bounds kick ins.
- c) At kick-offs, defending players must stay behind the straight red line on their side of the court. Players cannot score directly off the kick-off.
- d) No offside rule.
- e) Penalty kicks are taken from the orange dot on the orange semicircle. All players other than the kick taker and defending goalkeeper must be on the other side of the court.
- f) Defending players must be at least 5m away from the ball during a free kick or kick in.
- g) No slide tackles allowed in general play, except for the keeper when attempting to block a shot.

4. Direct (scoreable) free kicks - fouls:

- a) Kicking or attempting to kick an opponent
- b) Tripping or attempting to trip an opponent
- c) Jumping at an opponent
- d) Charging at an opponent, even with the shoulder
- e) Strikes or attempts to strike an opponent
- f) Pushing an opponent

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- g) Holding an opponent
- h) Verbally abusing an opponent
- i) Slide tackling an opponent
- j) Deliberate hand ball
- k) Continuous dissent against referee
- l) Any other unsportsmanlike conduct or dangerous play as judged by the referee

5. Indirect (non-scoreable) free kicks - fouls:

- a) Delaying the restart of play or a kick-in.
- b) Preventing the keeper from releasing the ball from their hands.
- c) Kicking the ball back to a keeper right after the keeper has passed it to the player.
- d) Not withdrawing the required distance during a kick-in or restart of play.

6. Penalty kick:

- a) Awarded when there is a direct free kick foul committed against an attacking team player who is inside the defending team's keeper's red semi-circle.

7. Substitutions

- a) At the referee's discretion, there may be mandatory substitutions in order to ensure that everyone has a fair amount of game time.
- b) Substitutions can occur during any break in play (i.e. ball out of bounds or after a goal has been scored).

8. Sin Bin up to 5 minutes (rather than permanent send-off)

- c) The same player commits 5 fouls or 1 foul to a very serious degree.
- d) A permanent send-off may occur if the referee deems that the conduct was very unsportsmanlike or violent.

9. Scoring:

- a) Players can score from shots from any part of the court.
- b) Goals are worth 1 point.

For an in-depth explanation of the general futsal rules, please see FIFA's laws:

<https://img.fifa.com/image/upload/wqgxud48gmsas900jqza.pdf>